



# Little Salmon News

Pit River Health Service

## COVID-19 Townhall Meeting

Join us via Facebook Live or Zoom

In an effort to keep our community safe and try to reach herd immunity, PRHS is continuing to host bi-weekly townhall meetings. Covid-19 positive cases are rising rapidly with a surge in the Intermountain Area. Dr. Le will be available to educate and answer any questions regarding the virus and the vaccine. There is also a \$30 gift card available for participants.

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**Protect yourself, family, and children.  
Get vaccinated.**

Upcoming Townhall Dates:



October 5th

October 19th

November 2nd



PROTECT YOURSELF, FAMILY & CHILDREN

GET VACCINATED



## COVID-19 VACCINATION CLINIC

**PRHS offers appointments to  
receive the Covid-19 vaccine every  
Tuesday & Thursday!**

**Contact our Medical department  
to schedule your appointment at  
(530) 335-3651 ext 110**

For any questions or concerns please feel free to  
contact our Medical department



## PRHS Mobile Clinic

### Your Health is Our Priority

Our mobile clinic offers the following services to our communities:

- Covid Vaccines (open to all)
- Covid Testing (open to all)
- Routine Visits
- Sports Physicals
- Diabetes/Blood Pressure Screening
- Pregnancy Confirmation
- Joint/Musculoskeletal Pain
- Blood work
- Childhood Immunizations

Be sure to follow our Facebook page to know where we will be stationed next!



## COVID-19 Testing

Along with our mobile clinic, we offer a trailer that provides Covid-19 testing.

The services are open to the community Monday through Friday from 8:00 am to 1:00 pm.

What you should know:

- This is not a rapid test
- The saliva test takes 72 hours to receive results
- If you experience symptoms please contact your primary care provider

For any questions please contact our Medical department  
(530) 335-3651 ext 110



# Covid-19: How Native Americans led the way in the US vaccination effort

By: Joanne Silberner

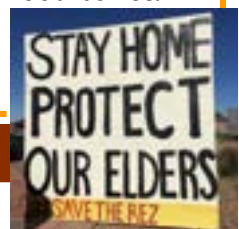
Getting people to agree to covid-19 vaccination is an ongoing challenge in the US. But one demographic group shines. Data from the US Centers for Disease Control and Prevention (CDC) show that Native American groups—American Indians and Alaska Natives—have consistently had the best vaccination records since covid-19 vaccination in the US began in early 2021. The CDC's daily tracker for 13 September showed that 47.5% of American Indians and Alaska Natives were fully vaccinated. This compared with 41.8% of Asians, 37.8% of white Americans, and 29.9% of African Americans. The American Indian/Alaska Native group has maintained its lead since the beginning of vaccination in the first dose category as well.

Community leaders ascribe this success to two things: first, the US government's decision to allow Native American communities to control vaccine distribution; and second, traditional ethnic values including respect for elders, "community first" philosophies, and a willingness to trust science—so long as it's presented by community members themselves. Early in the pandemic there were plenty of reasons to be concerned about the toll covid-19 would take on Native American groups, who make up nearly 2% of the US population.

One study conducted by the Kaiser Family Foundation looked at the high rates of cases, deaths, and hospital admissions among Native American populations. "They are nearly twice as likely to be infected with covid-19, three times as likely to be hospitalized, and nearly two and a half times as likely to die from the virus as white people," says Latoya Hill, one of the study authors and a senior analyst in Kaiser's Racial Equity and Health Policy Program. "So, it was going to be really important to ensure that they were able to get vaccinated."

"The virus is non-discriminatory, so we can be non-discriminatory," says Dakotah Lane, a member and medical director of the Lummi tribe. "Every vaccine in the arm is one less person who is going to get sick, and that eventually protects the whole community," says Lane. "It's in our culture to share."

The next challenge is reaching the vaccine hesitant people. In a survey conducted in December 2020 in Seattle, three quarters of respondents said that they would get vaccinated. Abigail Echo-Hawk, Seattle Indian Health Board chief research officer, is unsure whether this will hold: recent talk of booster shots has left some people concerned about whether the vaccines work at all. But she remains confident. "As native people we recognize that the health of our families is the health of all the families we live and work with," she says. "This country needs to go back to public health values. They need to learn from Indians."



## GIFTS Program

Pit River Health Service Behavioral Health department is launching a new program in October. The program is called the GIFTS Program. The acronym stands for Gift Incentives For Treating Stimulants. The program is designed for patients with current Stimulant Use Disorder and it utilizes contingency management as a form of motivation. The program will be exclusive during the pilot phase and will only consist of 5 selected members. For more information about the GIFTS Program or the MAT Program contact our PRHS Behavioral Health department.



## COVID-19 Vaccine Drawing

In an effort to keep our community safe and try to reach herd immunity, Pit River Health Service will be conducting ten **\$1000** incentive drawings for adults who have received at least one Covid-19 vaccination at our clinic.

### Drawing dates are:

October 6th and 20th

November 3rd and 17th

December 1st, 15th & 29th

January 12th & 26th

February 9th



Participants cannot win twice, must have completed recommended course of shots, must submit a completed and signed W-9 form, sign a media release form, and consent to a photo to post on our website and social media. If you have any questions please feel free to contact us.



**IMPORTANT DATES TO REMEMBER:**  
PRHS will be closed on the following dates:  
Monday, October 11, 2021  
Thursday, November 11, 2021  
Thursday-Friday, November 25-26, 2021



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